

Performance Tips

Every Instant Challenge Performance needs some SHOCK!

S= Stand in a theatrical stance facing the appraisers (NOT a line or a clump)

H= HIGH energy (you MUST WOW the appraisers)

O= On the clock! Watch your time (not too short, not too long)

C= Clean rehearsal (Try to get in at least one clean rehearsal during your planning time)

K= “Kwikk” ideas. The most important thing is that your ideas work and make sense. A super creative idea doesn’t do you any good if it comes to you in the last 30 seconds of your planning time. Sometimes you just need to take what you have and go with it!

When you are performing for the appraisers, remember IT’S TIME!

I = introduce your characters

T = tell where your performance is taking place - in the woods, on the moon, under the sea, etc.

S = Set the scene – what is going on and why?

T = Time to check your time! How much is left?

I = Imaginary props – which ones will you use, how, and are the creative?

M = Move with action – have fun – don’t just stand there!

E = End your performance with ENERGY!